

Antigonish Creative Dance Association created a Back to Dance plan in 2020 in accordance with the Province of Nova Scotia's Communities, Culture and Heritage Stakeholder Guidance Document. It is still in effect until further notice. We have also attached the ACDA vaccination policy, in keeping with the most recent Public Health announcements.

The health and safety of our members and staff are of the utmost importance. We are committed to offering a safe space for our students to experience and appreciate the joy of the art form.

- Students will not arrive more than five minutes before their scheduled dance class.
- Masking at STFX is mandatory! Students must arrive wearing a non-medical mask. Masks will be removed once the student has taken their place on the floor and ready to participate in their class. Having a plastic bag to keep their mask in is encouraged.
- It is strongly encouraged that children enter the building on their own when developmentally appropriate. If a child needs to be accompanied by an adult please ensure only one adult enters the building with each child. The adult must wear a non-medical mask the entire time they are in the building. Parents/guardians will not be permitted to watch the class, with the exception of the mid-week preschool classes.
- Each student must bring their own filled water bottle from home which must be labelled with their name.
- Students are encouraged to bring only necessary personal belongings into the building.
- Hand sanitizer will be available and students MUST sanitize their hands upon entering and exiting the building.
- Students are asked to avoid touching their face including their eyes, nose, and mouth. Students are asked to avoid high-touch areas where possible.
- Students will take their place in the dance area as soon as they enter rather than clustering together.
- If a student must use the washroom during dance class they will have to sanitize their hands upon exiting/entering the dance studio and wear a non-medical mask to the washroom. One student will be permitted to use the washroom at a time.
- Ballet barres will be sanitized before each class.
- Dance classes times will be staggered to limit the number of students in a common space.
- Class sizes will be limited .
- Students will not hold hands during dance.
- Students must leave the building immediately once their dance class is over.
- ACDA asks that you keep your child(ren) home if they are exhibiting any symptoms of Covid-19 or if they have come into close contact with individuals with a confirmed or presumptive case of Covid-19.
- If a student begins to experience signs of Covid-19 while at their dance class every effort will be made to contact their parent/guardian immediately. The student will be physically distanced from the other dancers until their parent arrives.
- ACDA will keep a list of participants for contact tracing for each day.